

Age Well



JOIN THE MOVEMENT

What is Age Well Dayton?

AWD is a dynamic hub to explore resources and inspiring stories, with special focus on serving three core audiences:

- Recent Retirees
- Pre-Retirees
- Adult Children



AgeWellDayton.com

EVENTS

Learning & Networking Opportunities in Dayton

January 15, 2025 (1:00pm to 2:00pm)

Is Your Medicare Plan Right for You in 2025?

Featuring insights from RetireMed.

Kettering Health Years Ahead/Centerville location.

More info [here](#).

February 26, 2025 (9:00am - 10:00am)

Book Talk (via Zoom)

Aging Sideways: Changing Our Perspectives on Getting Older by
Jeanette Leardi

Email donna@AgeWellDayton.com to reserve your seat.

March 20, 2025 (10:00am - 11:30am)

The Changing Face of Retirement

Landing Flexible Part-Time Gigs (Income-Generating or Volunteer)

Dayton Metro Library/Main Branch

More info [here](#).

April 17, 2025 (10:00am - 11:30am)

The Changing Face of Retirement

Managing Housing & Transportation Needs

Dayton Metro Library/Main Branch

More info [here](#).

